

STAY HOME – STAY HEALTHY – STAY CONNECTED

For more COVID-19 Information from the region, including previous issues of this report, click [here](#).

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Purpose: The purpose of this report is to provide an update to city officials within Region 22 about the current COVID-19 Pandemic. It is essential to keep in mind that this information often changes rapidly. Any questions, suggestions or concerns can be directed:

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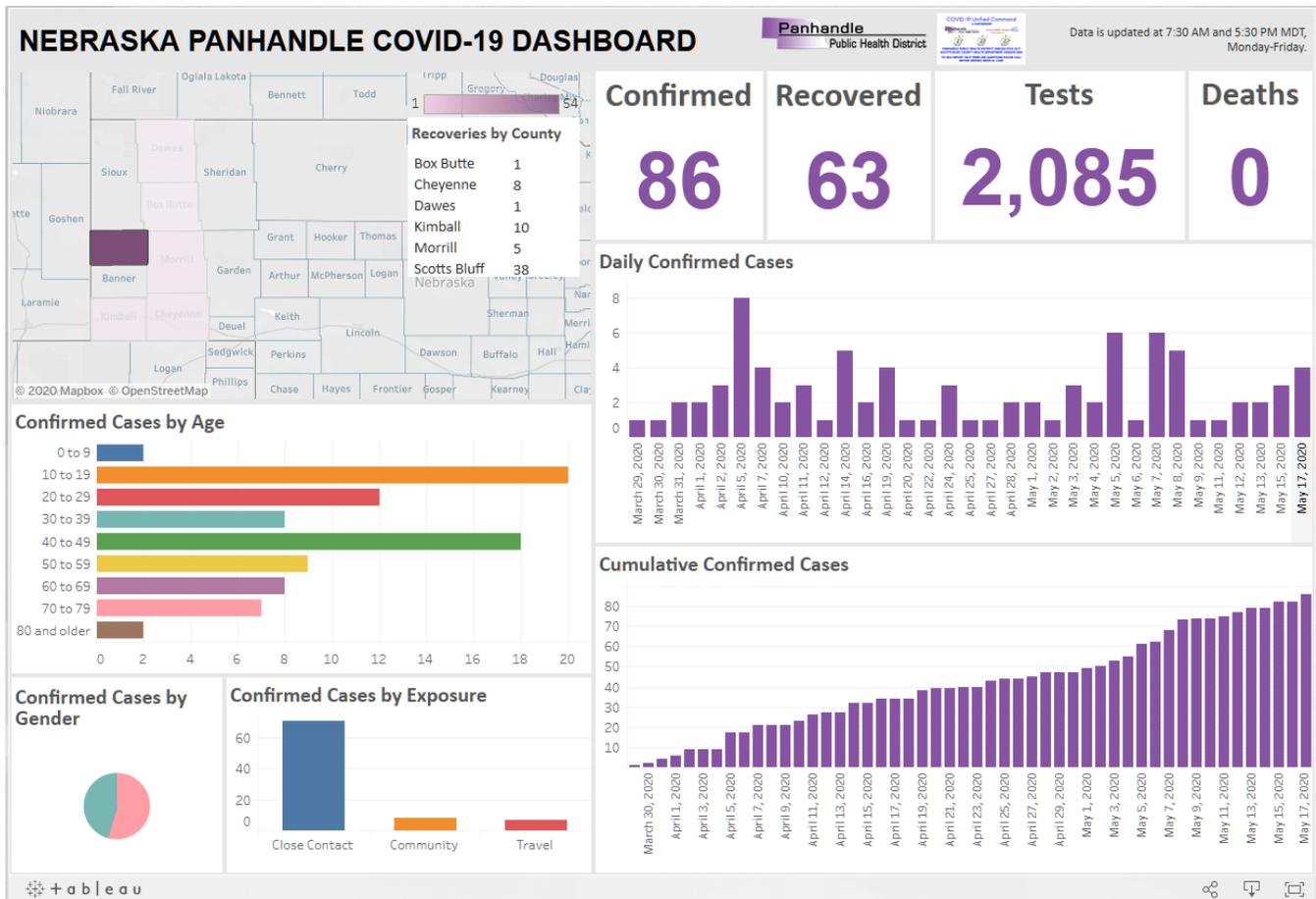
COVID-19 Nebraska Cases: As of 5:00 p.m., May 19, 2020. This information is updated daily and can be found by clicking [here](#).

United States Totals
 Total cases 1,504,830
 Total Deaths 90,340
[Link to US CDC](#)

Nebraska totals
 Positive tests 10,846
 Negative tests 61,289
 Total tested 72,333
 Deaths 132

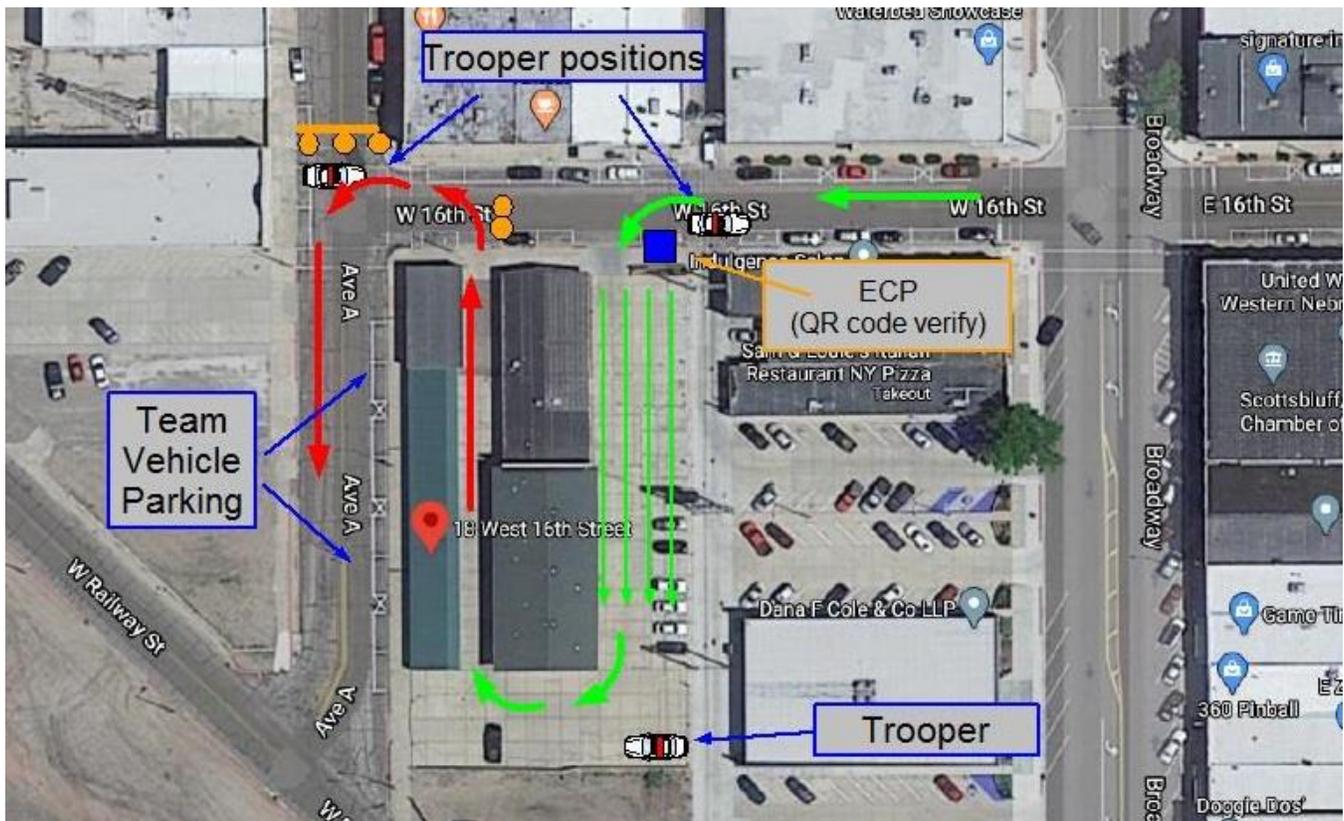
Scotts Bluff Cases
 Positive tests 54
 Negative tests 697
 Total tested 751
 Recovered 38

This dashboard is hot-linked to pphd.org



TestNebraska in Scottsbluff This Week

Updated Information - The Nebraska National Guard will be bringing TestNebraska to Scottsbluff this Thursday and Friday, May 21-22, from 8:00 a.m. to 6:00 p.m. The testing site will be the Panhandle Public Health District new building at 18 W 16th Street, at the corner of W 16th and Avenue A. The only way to get an appointment is to register through www.testnebraska.com and take the short assessment. If you are deemed to be eligible to be tested, you will be given the opportunity to choose a time to come in for the test. If you are not deemed to be eligible at the time, the system may email you on the day of testing if the higher priority slots are not filled. If there is someone who would like to sign up for the tests, but are not computer savvy, they may call Panhandle Public Health District at (308) 262-5764. Testing will be done as a drive through, and the person will not need to leave their vehicle. Below is the traffic flow.



COVID Worldwide

As of 7:00 a.m. on May 19th, 2020, there have been 4,823,479 confirmed cases of COVID-19 globally in 188 countries/regions. There have been 318,857 deaths reported worldwide. Several European countries are reporting high numbers of COVID-19 cases, especially the United Kingdom, Spain, and Italy. Russia is also reporting a high number of confirmed cases, only the U.S. has reported more. Brazil is another country starting to report increased COVID-19 activity. Different parts of the U.S. are seeing different levels of COVID-19 activity. The U.S. is currently in the acceleration phase with all states reporting community spread. Confirmed COVID-19 infections have ranged from mild to severe respiratory illness and death. Symptoms of this infection can include fever, cough, sore throat, shortness of breath, chills, runny nose, muscle aches, or a new loss of sense of taste and smell. These may appear in 2-14 days after exposure. Person to person spread occurs among close contacts (within 6 feet for ten minutes or more) and is thought to occur via respiratory droplets produced when an infected person coughs/sneezes. Spread from contact with infected surfaces/objects is another potential transmission route.

May Reminders

Throughout the month of May, people are reminded to respect the following to keep Nebraska healthy:

- Wear a mask when possible.
- Wash your hands frequently. Wash your hands with soap for at least 20 seconds and sanitize when available.
- Monitor your symptoms. If you experience a cough, fever, shortness of breath, headache, sore throat, chills, muscle pain, or loss of taste or smell call your doctor, clinic, or our 24/7 line at 308-262-5764 before going.
- Socially distance in public and at work. Use the six-foot rule as much as possible.
- Only sit with people from your household when at church. Stay six feet from other households.
- Stay home. Do not take unnecessary trips outside the home. Respect the ten-person limit. Non-essential out-of-state travel is discouraged.
- Shop alone and only shop once a week. Do not take family with you.
- Help kids follow social distancing. Play at home. No group sports. And no playgrounds.
- Help seniors stay at home by shopping for them. Do not visit long-term care facilities.
- Exercise daily at home or with an appropriately socially-distanced activity.

Resources:

To find resources from Panhandle Public Health District, click [here](#).

For Wyoming COVID-19 Information, click [here](#).

For Colorado COVID-19 Information, click [here](#).

For South Dakota COVID-19 Information, click [here](#).

To find a Comparison of COVID-19 Loan Programs – Forgiveness Terms click [here](#).

Map of Confirmed COVID-19 Cases in U.S. Counties: [March 1 through Today](#).

Nebraska DHHS COVID-19 information can be found [here](#).

For information on Potential Community Exposure Sites, please click [here](#).

To read the most recent Directed Health Measure (DHM) from the Governor, click [here](#).

The Nebraska Emergency Management Agency Daily Situation Report can be found [here](#). The information on this site is For Official Use Only, not to be shared with the general public.