

City of Scottsbluff
Assumption of Risk, Waiver and Indemnification

1. **To be completed by person playing Flag Football.**
2. **All participants must be 18 years of age by Sept. 1, 2019 to be eligible to play.**

I, _____, know and understand that when playing, participating, practicing and watching football, including flag football, I may be hit by another participant, ball or equipment which can result in minor or serious injuries or death and I may suffer a concussion, head trauma, break, tear, pull, sprain, strain or otherwise injure bones, muscles, ligaments, joints or other parts of my body or encounter cardiovascular or respiratory complications inherent in engaging in a contact sport and physical activity. I know and understand that when playing football I am voluntarily exposing myself to all of the dangers listed above and all other dangers of playing, practicing and watching a contact sport, such as football. I waive all demands, claims, suits, and causes of action of any kind or nature against the City of Scottsbluff, Nebraska and its council members, officers, employees, volunteers, agents, subsidiaries, affiliates, contractor, successors and assigns (each a, "Released Party") which arise out of or relate in any way to my participating in football. To the fullest extent permitted by law, I agree to defend, indemnify and hold the Released Parties harmless against, and to reimburse the Released Parties on demand for, any payment, loss, cost or expense (including professional fees and reasonable costs of investigation incurred in defending against any such payment, loss, cost, expense or claim therefor) made or incurred by or asserted against a Released Party as a result of or in connection with my participating in football, whether directly or indirectly. This Assumption of Risk, Waiver and Indemnification shall remain in full force and effect for as long as I am participating in football in the Released Party's flag football league.

By: _____

Printed Name: _____

Date Signed: _____

D.O.B: _____

THE CITY OF SCOTTSBLUFF, NEBRASKA IS NOT RESPONSIBLE FOR INJURIES TO PARTICIPANTS WHO USE ITS FACILITIES. PLAY AT YOUR OWN RISK AND RESPECT THE SAFETY OF OTHERS.